

## Winter 2018

Kia Ora

Winter is definitely here with the drop in temperatures, falling leaves and darker evenings. Our residents have indeed enjoyed the sun soaked days of a very hot Waikato summer. April was a very special month for us as we celebrated the first birthday of CHT Highfield Home and Hospital. This has indeed been an incredible 12 months with admissions passing the 100 mark, our permanent staff team ever growing and a robust community invested relationship. I would like to express my thanks to the CHT Highfield team, residents, families and everyone who has made this year the astounding success it was.

### Activities and Celebrations

Our 90's Club has certainly evolved over the past six months. The first month marked the birthday of Bill Keith and since then we have hosted numerous community volunteer groups and family teas. This included the entire team from Te Awamutu Hospice, Te Awamutu Wheelchair Wagon and Citizens Advice Bureau. The next few months guests included Kihikihi Rotary and Kihikihi Lions. Entry to this special function was a hat or fascinator. Both the ladies and gentlemen did not disappoint in their finery.

The monthly RSA and Bible Chapel outings are proving to be a huge hit amongst the residents as this gives them an ideal opportunity to catch up with old friends in the community. Country Music and Line dancing is the latest trend in our home - both staff and residents have taken to doing weekly lessons, keep your eyes peeled for our Dancing with the Stars - CHT Highfield.

Our relationship with the Bible Chapel Kindergarten has blossomed with the kids inviting our residents over for morning tea and we in turn hosted an Easter egg hunt in our Wairua gardens.

Thanks to all that supported our Easter raffle, the winners were Lorna Hogg, Vic and Joyce Smart and Lorraine Milder.



Address: 414 Swarbrick Drive, Te Awamutu 3800 Telephone: (07) 214 2010 Facsimile: (07) 870 2571 Email: [highfield@cht.co.nz](mailto:highfield@cht.co.nz)

## Staff News

Kerri Anne is currently working on the interactive Wairua Unit programme and Carleen covers Rest Home and Hospital. CHT Healthcare Trust is committed to the training and development of our staff. One of the avenues we use for professional development for our Healthcare Assistants is through Careerforce. Staff are presented with their certificates at the monthly meetings.

We have also had the pleasure of hosting Wintec nursing students and Te Awamutu scholars via the Gateway Programme. The success of our facility is due to the dynamic team we have and our commitment to care.

In May two new fur babies joined our team, Abel and Mabel, they have definitely brought a twinkle to the eyes of residents, whanau and staff.



## Focus on Care

As there are rapid advancements in technology within the Aged Care sector, the Trust is keeping abreast of these by investing in programmes that give care staff more added time to spend with the residents. Our Nursing team is all interRAI trained and all assessments are completed with consultation of residents and families. Medimap is the computer based system we utilise to manage medication - the first in Te Awamutu to do so.

Our first Certification Audit was in January 2018 and we did extremely well with being awarded 3 years Certification.

We have continued with our Resident Focus Group week meetings – the Focus topics are food, laundry and cleaning. Please note this is an open invitation for anyone who would like to join either the Focus Group or Volunteer programme.

Regards  
Lulu Dayaram  
CHT Highfield Home & Hospital  
021 565 857  
[ldayaram@cht.co.nz](mailto:ldayaram@cht.co.nz)