

Address: 105 Botany Road, Howick 2010 Phone: (09) 535 4244 Fax: (09) 537 1311 Email: lansdowne@cht.co.nz

Haere Mai, welcome to all new residents, family members and staff.

Protect Our Asset

Exterior Painting of CHT Lansdowne is this year's unit project. The plan has been approved and is likely to commence by late Spring / early Summer.

Trees at the back of the rest home have been pruned to provide good lighting and to prevent any health and safety issues that may occur during bad weather conditions.

Continuous Improvement

As part of our Health and Safety initiative, we have commenced the **Regular Morning Walks** with our residents. This is spearheaded by the Physiotherapist with the help of the Activities Coordinator and Healthcare Assistants. Morning walks occurs daily and from 11.30am to 11.45am.

We also have High Intensity Exercise every Wednesday morning (10am) in the Rest Home Activities Lounge.

Theme Day Calendar for 2018 is as follows and the Kitchen provides a coordinated menu to go along with the identified theme.

July:	Kiwiana and Maori Language Week
August:	Cultural Month and Father's Day
September:	Roaring 60's
October:	International Day of the Older Person
November:	Diwali, Melbourne Cup and Remembrance Day
December:	Christmas Celebration

Please keep an eye on the monthly **Activities Calendar** for scheduled and additional activities.

Improve Resident / Staff Satisfaction

On a monthly basis, CHT Head Office sends Resident and Staff Satisfaction Surveys. We encourage residents, whanau and staff to answer the anonymous survey. Your feedback is important to us. Should you wish to be contacted, please do not hesitate to write your name and number and we will be in touch with you.

Compass (food provider) has introduced their **Plate Up Project**. This is to enhance food experience amongst residents who are on a modified diet (puree). The food is presented shaped according to what it normally looks like. The project has been tested at one of our CHT sites and is going to be implemented accordingly. Further information will be provided.

CHT Lansdowne is composed of multi-cultural staff and residents. We endeavor to assist residents to communicate with their needs (English as the Second Language). Staff are expected to speak in English when they are with residents in the common areas, when they are looking after the residents in their rooms and when engaging conversations with family members, unless staff are asked to translate or interpret.

Level 4 training program is offered to Non Registered staff. This is facilitated by Careerforce Assessors.

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CHT is also introducing **Altura Learning (alternative online training)** to all staff. You may approach the Careerforce Assessors (Jan Barrow, Denise Dela Cruz) and Albert Principio (Clinical Coordinator).

Special News

Within the past 12 months, CHT Lansdowne has a number of staff (16 and counting!) who are expecting or have given birth.

Shelley is our new receptionist.

Phoebe, Karen and Jerick are our new Registered staff.

Welcome back Jyotika (registered staff), Dorcas and Normae who have given birth to healthy baby girls.

Photos from Recent Events



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