

Address: 23A Mt Smart Road, Royal Oak 1061 Phone: (09) 636 6211 Fax: (09) 636 6210 Email: royaloak@cht.co.nz

WINTER 2018

Kia Ora and a warm welcome from staff and residents of CHT Royal Oak family. Winter is the time for comfort and warmth and, thanks to our underfloor heating, we are snug and cosy.

Activities and Celebrations



Visit from the SPCA



Flag-Making Session



St Patrick's Day Biscuit Icing

- Our residents thoroughly enjoyed pom-pom ball making sessions and successfully delivered 100 pom-pom balls to the SPCA.
- Residents celebrated Chinese New Year with a variety of activities such as making homemade dumplings and craft sessions. We had Chinese entertainers perform to make the event memorable.
- We visited CHT Hillcrest to celebrate the Pasifika Festival where we joined entertainers to dance to Pacific music.
- Our residents visited Ranfurly Hospital Veterans Home and shared stories of wartime and enjoyed singing prior to ANZAC Day. Almost all our residents joined the ANZAC Day service at Royal Oak conducted by Paea's (HCA) children.
- Residents appreciated a visit from Aro Arataki Children's centre. The toddlers had quality mat time sessions with our residents singing their favourite rhymes.
- Chris Saunders entertained everyone on Edna Young's 102nd birthday. Edna had a wonderful time but sadly, Edna passed away peacefully a few weeks following the event.
- Our recent bus trips include trips to Auckland Zoo, Westhaven, Three kings Library, Pah Homestead Art Gallery and Meadowbank Village Café.



At Auckland Museum



At Auckland Zoo



At the Japanese Gardens

A Focus on Care

CHT holds annual 'Focus on Care' Awards to recognise innovation and achievement in providing great care to older people and also to improve health and safety in the workplace. We have submitted two entries for this year's focus on care awards:

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- (i) Cognitive Stimulation Theory (CST) is an evidence-based psychosocial intervention designed to improve cognitive function and quality of life by using several principles including implicit learning and Person-Centre care. This was successfully conducted by Ayako (AC) and Alexandra (HCA) twice a week for seven weeks. I would like to thank them for their dedication and commitment in making the sessions meaningful for our residents.



CST Participants

- (ii) 12 week educational programme for Registered Nurses to demonstrate improved wound care. This was a combined initiative from all our Registered Nurses.

Monthly Satisfaction Surveys are an opportunity to let us know of any improvements we need to focus on. Please spare us a few minutes to provide feedback as this will help us to improve our service.

Staff News

We have farewelled Linda Augustine (HCA) and Rosily Maliakkal (RN) and welcomed Paea Tuitupou (HCA), Cecilia Ncube (RN) and Elaynor Wong (Receptionist). Faith Deguerio has stepped down from her Clinical Co-ordinator role and is now working part-time as a Registered Nurse. I would like to thank Faith for her continued support. I am pleased to announce the appointment of Patricia Smith-Wedgwood as our new Clinical Co-ordinator. Patricia is an experienced RN and has worked in a similar role in other aged care facilities.

On the same note, I have been appointed as one of the Area Managers for CHT to replace our current Area Manager, Veronica Martin. My last day at Royal Oak as a Unit Manager will be 31 August. Anita Ward will start as Unit Manager on 3 September. Anita is currently the Manager of CHT Bernadette at Tauranga. I have thoroughly enjoyed working with staff, residents and families at Royal Oak who nurtured and supported me right along. A big thank you to each and every one of you.

Flu Vaccinations

Residents and staff have been vaccinated in preparation for winter.

Upcoming Events

- 16 August: Japanese Kimono demonstration and a variety of cultural activities throughout the month.
10 September: Chris Saunders (entertainer), 1960's theme.
25 September: Dolly Wong Doo's 101st birthday celebration.

Please feel free to contact me should you have any questions, concerns or compliments.

Best Wishes
Sharmila Devaraj
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