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## WINTER 2018

### Welcome

A warm welcome to our Winter 2018 Newsletter. Despite the wet and cold weather there have been plenty of special events and good times to enjoy together. Visitor and family attendance at events has been higher than usual and this has made for some great memories.

### Activities and Celebrations

- Medirest continue to deliver a high quality service at many events and we welcome two new team members who are often here for many long hours: Chef Karan Parmar and Assistant Roshani Patel. Tooney, Sam and Renu continue to provide support.
- The Domestic team is fortunate to have Nga and Noane who have now both been here for a number of years - a big thank you to you both for your support.
- There have been many highlights over the past few months and the energy and imagination of the Activities Team is clear to see in the photographs in this Newsletter and on the displays throughout the Unit.
- Bus Trips were made to local Libraries for cultural events and to the Winter Garden



- The Royal Wedding received much attention and was brought to life for everyone on 19 May with two staff members dressing up for the occasion and delighting the audience with a Wedding Waltz - a special thank you to Edgardo Lozano and Mylene Talento for this added magic.



- Family and visitors joined us for a High Tea on 1 June to celebrate the Queen's Birthday. A touch of class was added with everyone dressing up and enjoying the tea and treats served on our bone china.
- Residents and Visitors brought out the dancing shoes for the Winter Celebration and the music and camaraderie shook off the Winter Blues.
- A particular thank you to our Volunteers who stop by regularly to manage Church Services (Linda and Maureen), help residents to outings (Juliet) and in providing back up for interpreting and making everyone feel welcome (Alice). I cannot name everyone, however, I would like to thank the many family members who come in together and make yourselves at home, from the great-great grandchild to the sons and daughters. Your time and support mean more than we can say.



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- We also thank our Support Team from Pet Therapy and the SPCA who have brought in both small and large dogs who have been a real treat to everyone - except Garfield ...

## Focus on Care

Awards will be presented on 31 July. We are all crossing fingers that an award will go to RN Therese Tating for her in-depth study and project on "Falls Prevention in the Secure Unit".

As part of Safety and Falls Prevention, we would like to ask you to please check all new (or old) footwear is closed at the heel and well fitted to the foot.

## Staff News

A number of our team are away on maternity leave at present. Congratulations to Nicole (Receptionist) Allysa (Activities) and Devinder (Healthcare Assistant) who are all doing well.

Josh Clark has stepped into the role as Unit Gardener and, although he is only here once a week, he is making his mark and has plenty of ideas for improvements.

We have had a few Primary Healthcare Assistants move around (a rare change) and these changes seem to be working well. Three new Nurses have joined the team: Kimberly Sacquibal, Ann Carpizo and Catrise Guledew. They all bring a wealth of experience and new energy to the team.

- The Painting Program in Suites 1 to 5 is going well and the fresh new colours have brightened up the completed areas. We are aiming to have the residents' rooms all done by September with new curtains in situ throughout this wing - thank you for your patience during this project.

## Upcoming Events

- Resident and Family Meeting: 10 October, 3.30pm, to be held in Suite 11 - an easy place to stop by with the doors straight off the Car Park. All welcome.

Please feel free to get in touch with me if you have any queries or concerns. Remember the Feedback Forms are handy throughout the Unit and we do welcome any comments and ideas. Here's to more good times in the months to come.

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