

Address: 202-204 Onewa Road, Birkenhead 0626 Phone: (09) 481 0447 Fax: (09) 481 0274 Email: onewa@cht.co.nz

## Welcome to Summer 2018

The calendar says it is almost summer but the weatherman is not so sure. We've had lots of rain and even hail and we unpacked the woolies again after the cold snap from the South. We would like to welcome five nursing students from Korea who will be gaining experience at Onewa for the next eight weeks.

## Life at Onewa

### Activities and Celebrations

October was a month of cultural experiences for the residents of Onewa. At the beginning of the month residents got to see the local intermediate school perform traditional Maori dances.

Onewa went to the Remembrance Exhibition at the Auckland War Museum for their bus trip.



We celebrated Diwali on 26 October, residents and staff were given an opportunity to experience and share in Indian culture. Staff performed cultural dances and we shared some typical Indian delicacies. As special guests we welcomed some of our ex-employees Angela and her daughters, Aila, Jamie, Michael and Victoria

The ukulele group from Beach Heaven community visited on the 30th of October for a shared music morning. About six people, including our own Activities co-coordinator Lusi and resident Peter O joined in with their ukuleles.

Residents from CHT Lansdowne visited on Monday the 29th of October around 10:30am and we shared a lovely morning tea

The bus trips are real treats. We visited Onepoto Domain Park for some lakeside walking. Residents enjoyed afternoon tea and fed the birds, ducks, and eels...and we had lovely weather. It was such a fun and adventurous trip!



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A get together was arranged with Birkenhead community church senior group for an afternoon tea and chat. The residents loved it and were surprised to meet Ineke, a "Friend of Dutch families". She gave us a warm welcome and asked us to say hello to everyone at Onewa.



The Melbourne Cup took place on the 6<sup>th</sup> of November and it was a nail biting affair

**Vegetable Gardens:** The activities team had started a new vegetable container activity and also started a berry garden for us to enjoy.



## Housekeeping

As we all have noticed, the renovations at Onewa is not yet complete. The Council consents are in its final stages so hopefully we will start the last renovations early in the New Year. We are also looking at replacing the lift in 2019.

## Upcoming Events

Our annual residents and families Christmas party is scheduled for the 4<sup>th</sup> December from 12pm to 2pm. Angelo will entertain us with his accordion and a wide repertoire of Christmas music.

On Christmas Day a roast will be served for all residents and staff and Father Christmas will make his way through the hallways.

## Focus on Care

On 30 October we had our external Healthcert Aged Residential care Spot audit and it went well.

## Year End

As this is the last Newsletter of the year, I would like to thank all staff, residents and families for the little things they did that some might or might not have noticed. Thank you for your love and dedication. I wish you all a blessed and Safe Christmas and a Happy New Year. For those who are travelling overseas and elsewhere, stay safe and come back refreshed to Onewa in 2019.

Kind regards

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