

Address: 23A Mt Smart Road, Royal Oak 1061 Phone: (09) 636 6211 Fax: (09) 636 6210 Email: royaloak@cht.co.nz

SUMMER 2018

Welcome

A warm welcome to the summer edition of our newsletter. We would like to welcome our new residents and their families who have recently joined us. We hope you have settled into “rest home” life. From golden sunshine to beautiful flowers, summer is one of the most beautiful seasons of the year.



Baptist Church with Residents



Craft-making



“Beauty & the Beast” stars with Residents

Activities and Celebrations

Our residents have had the opportunity to participate in a wide range of activities and entertainment in the past few months:

- We welcomed back Lana Breed who delighted everyone with her beautiful harp playing based on the theme “International Day of the Older Person”.
- Sidney and Stan returned with their favourite sing-a-long songs.
- Residents had an enjoyable shopping experience in-house with Louise bringing her leisurewear shop to the rest home.
- Some residents took a trip to TAPAC to watch the “Beauty and the Beast” production.
- We encourage our residents to make the most of the sunny weather by participating in the “Feet Beat” challenge which began on 22 October and runs for six weeks. The Suite that wins will be treated to a lovely afternoon tea.
- Residents went to Pah Homestead, TSB Arts Centre where they joined a tour followed by morning tea.
- November saw residents from St Johns visit us for a chat and coffee.
- The Japanese Choir Group “Sakuranokai” came and performed a Christmas medley and traditional Japanese and European songs.
- Staff put on a Diwali show for the residents and provided some “sweet” Indian snacks.
- Year 6 children from Cornwall Park School put on “A Kid’s Summer Night Dream” at the school which was thoroughly enjoyed by the residents.
- The 6th of November was Melbourne Cup Day and the residents wore fancy hats to join in the celebrations. Residents enjoyed watching the race live and were given the chance to choose numbers/names of horses. The winnerS of the Sweepstake were Bette and Maha.
- The Baptist Church came for “Remembrance Day Service” and residents were invited to put a name of a loved one on the tree to remember them at this special time. The following week residents took the bus to Auckland Domain to see the “Fields of Remembrance”.

Audit Certification

It is with pleasure we announce that CHT Royal Oak earned 4 years certification. I wish to thank all staff for their efforts in providing and maintaining the highest level of care and support to residents.

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Japanese Choir Group



Sid and Stan



Jim Shaw

Staff News

We farewelled Cecilia Ncube and welcomed Mary Matthews as casual Registered Nurse and Priyanka Rank as a casual HCA. Gaia is our new cleaner.

Volunteers

We would like to say a special thank you to all our wonderful volunteers who help make CHT Royal Oak Rest Home a wonderful place to live in. We value their contribution and hope the residents have enjoyed meeting and getting to know them. We look forward to celebrating an end of year thank you lunch for all our volunteers on the 6th of December.

Housekeeping Highlights

Carpets and Vinyl: We are still finishing off the bathrooms and carpets and are approximately 80% there. We are hopeful that they will be finished by the end of December.

Upcoming Events

3 December: Nativity Play by Our Lady of the Sacred Heart Students

5 December: Grey Warbler Choir

7 December: Christmas Carols by St Andrews Church Group

10 December: Entertainer Chris Bligh

18 December: Sid and Stan Guitar Performance

20 December: Church Service by St Peter's

13 December: Christmas party for residents and families

Residents - free

Family and Friends - \$10.00 per person

Please let us know in advance if you plan to come.

January: We are planning summer picnics and a summer barbecue just before Auckland Anniversary.

Please feel free to contact me should you have any questions, concerns or compliments.

Wishing you all the very best for the festive season and enjoy the summer holidays.

Best Wishes

Anita Ward

Unit Manager

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