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## WINTER 2019

### Welcome

A warm welcome to everyone and to our new residents and family members. There is always a thought that we should 'batten down the hatches' and 'brave' the cold and this Newsletter is about showing that whatever the weather, we can have fun and generate our own warmth.

### Events, Outings and Celebrations

- MOTAT proved to be a great success for all who did this trip, it was great to see two partners joining the 'crew' to view the exhibitions
- Mother's Day attracted a large number of visitors. We had so many great photographs, it was hard to select a few to share the event
- Gardening is a favourite part of the programme for residents and we now have a bright and attractive display outside Suite 8 which was looking very bare in May - do go down and have a look
- We had a large number of birthdays and simply could not print out photos - please let the Activities team know if you have not had a photograph of a special event as they love sharing these



### Focus on Quality Care

CHT St Johns is the first (and only) Unit in New Zealand to roll out the Moulded Puree Food Program. This has provided our food service with an enriched and very presentable alternative.

Equipment changes and upgrades have been effected: we have a new Full Body Hoist, over-bed tables and replacements to a number of mattresses on 20 resident's beds.

Most importantly, the Unit has a large stock of new pressure relief cushions for the Pressure Injury Management program (PIM) that is being managed across the site by RNs Ann Carpizo and Kimberly Sacquibal. They will be reviewing all residents to ensure we are providing the best seating for their needs. These are the cushions we identified in our Trial in 2018 and shows the level of commitment CHT Healthcare Trust has in supporting the best care possible in our Units.

### Housekeeping Highlights

- The passage to Suite 8 has new handrails and looks brighter with the lighter wall colours
- Suite Names have been passed on to CHT Head Office and we look forward to seeing photographs to set the themes in each area



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- Unlabelled personals: thanks to feedback at our last resident and family meeting, we followed up on print quality and together with this improvement and more focus on managing personal clothing, the number of unlabelled lost items has fallen - **Remember to check the Lost Unlabelled Trolley near Reception and talk to staff to do a Laundry Report if anything is missing**



## Pet Therapy

While we have had a host of visitors who bring in canine friends and the special SPCA Visits, it was thought that the Secure Unit was missing out on 'resident' pets. Our Activities team secured a Budgie for CHT St Johns - thanks to the family of Francis Knight for the bird and cage.

Another special thank you to Pat Wilson (friend of Jean Gott) for her delightful gift of a very pretty female cat who is being settled into the Unit at the moment. Pat has been very patient and generous in covering the medical expenses, initial food and needs and, most importantly in explaining what this new 'resident' needs in settling in with us. Residents are choosing a name.

## Upcoming Events

- 1960s Theme Event
- MDM Meetings in every Suite are held on Tuesdays - see the invitation to family on Notice Boards
- 1960s Theme Event in July - look out for the invitations

Please do feel free to stop in and see myself or the nurses if you have any concerns or queries, we are here to help. We are also very keen to hear any ideas or feedback anytime

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