

Address: 23A Mt Smart Road, Royal Oak 1061 Phone: (09) 636 6211 Fax: (09) 636 6210 Email: royaloak@cht.co.nz

WINTER 2019

Kia Ora and welcome to our winter newsletter.

Welcome to our new residents, their families and friends to our Rest Home. We hope you are settled and enjoying your new home.

The shortest day has come and gone and though technically it is winter, we can at least rejoice in knowing that each day will be a little longer and hopefully brighter.

Activities and Celebration Highlights



Anzac Day Service



Walking Along Tamaki Drive

We have been busy with two weekly bus trips and mingling with other CHT residents:

- In April we had a bus trip to MOTAT. Our residents had a great time. They enjoyed a ride around MOTAT on the back of a small train and some of them bought goodies from the MOTAT store.
- Late April we had residents from CHT St Margarets visit us. They joined us for morning tea and a game of bingo.
- For ANZAC Day, we had a memorial service and the Methodist Youth Church Band played for the residents.
- Mother's Day was celebrated with a High Tea followed by entertainment by Lana who played a beautiful Harp.
- Mid May our residents visited CHT ST Margarets where they played games and enjoyed a lovely morning tea.
- On the 29 of May we celebrated our 1940's month with a themed lunch.
- Early June saw the residents on a bus trip to CHT Carnarvon. They enjoyed admiring Carnarvon's newly built facility.
- Paa Karepa visited in June to perform for our residents and explain the meaning of Matariki.
- CHT Carnarvon visited us for morning tea and a competitive game of bingo.

Recent and Upcoming Events

- 18 July: Bus trip to CHT Hillcrest
- 31 July: 1960's lunch
- 2 August: Bus trip to Peacehaven
- 7 August: Visit from Hillcrest
- August: St Theresa's school visiting
- August: Visit from Chinese Association
- 12 August: Chris Bligh Entertainer
- 15 August: Bus trip to CHT St Johns

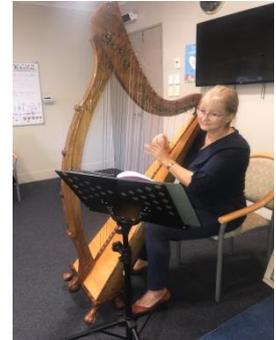
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MOTAT



Bingo at CHT St Margarets



Lana at Mother's Day Celebrations

Staff News

We welcome Senait Debesay who is our new casual Registered Nurse and Liana Petzer as our casual Activities Co-ordinator who will assist with the afternoon bus trips and when Violet is on leave.

Residents Stories

We are pleased to feature some of the stories shared by our residents about their life at CHT Royal Oak:

Bill Reardon – "I like it here at CHT Royal Oak because it gives me a sense of security. I used to live by myself after I lost my wife. I couldn't cook proper meals and I just felt lost. Coming here was the best decision I could have made. The food is far better than what I could cook and the staff are really lovely as well. I love going out on the bus trips and seeing different things. Activities here are very good, they keep me on my toes and keep me feeling young and fit".



Iona with Belle and Bill

Faye McMahon – "I really enjoy living here. I get to experience the best bus outings and playing different activities every day. I enjoy walking around the rest home and admiring the gardens. I appreciate the hard work the staff do. I also really enjoy getting my hair done"!



Violet & Faye

Volunteers

Iona has been visiting us with Belle, her therapy dog weekly (and sometimes twice a week). Belle is popular with the residents who find some comfort and pleasure in her visits. Thank you Iona for your time and for bringing lovely Belle with you.

Housekeeping Highlights:

With winter here and the rain we have had, the ants have been more prevalent around the facility. May we please ask residents to keep any food they have in their rooms in airtight containers so as not to attract the ants. We have had the pest control company out regularly to try and keep on top of the ants so please bear with them as they endeavour to get the situation under control.

Flu vaccinations have been administered to residents and staff who requested them.

Please feel free to contact me should you have any questions, concerns or compliments.

Best Wishes
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Area Manager
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