

Address: 105 Botany Road, Howick 2010 Phone: (09) 535 4244 Fax: (09) 537 1311 Email: lansdowne@cht.co.nz

WINTER 2019

Tēnā koutou, Manaakitia CHT Lansdowne / Welcome to CHT Lansdowne

Protect Our Asset

Lansdowne exterior painting was completed in April this year.

Food Service

The Compass menu has been planned by a NZ Registered Dietitian, it meet the criteria of the Medirest Nutrition and Menu Planning Standards and takes into account the food preferences of Elderly people. The planning incorporates relevant standards and guidelines from the Ministry of Health Food and Nutrition Guidelines for Older Adults and the Catering Guidelines for Older Adults. It also incorporates guidelines relating to therapeutic diets, meal preparation and menu planning.

Health & Safety

CHT Healthcare Trust takes all practicable steps to ensure the safety of staff and residents.

We have a good uptake of the flu injections amongst CHT Lansdowne staff and 95% of the residents have received the flu vaccine this year.

Activities and Celebrations

Highlights on the Activity Calendar are the celebration of the Mid Winter Christmas lunch and the Matariki Festival of Lights in June. Residents were involved in the different themed day celebrations where they dressed up to the 40s and 50s themes. The Men's group had a day out at the Howick Club of where they played billiards.

July: 1960s theme day, Grandparents and Grandchildren Day

August: Cultural Month, 1960s theme day

September: 1970s theme day

Following requests by residents, we have arranged a once a month **weekend bus trip**. The Activities Co-ordinator will organise those residents who wish to join the morning trip.

CHT has arranged for a **Skype Tablet** that can be used by residents to communicate with their loved ones. Please see the Activities Co-ordinator to set up the connection.

New Volunteer

Hanna Hou comes on Wednesdays and Fridays. She speaks Mandarin and Cantonese.

Staff / Training

Noho Mai / Farewell to Jyotika and Dorcas our registered staff; Jyotika commenced work at the Paediatric Ward in Middlemore Hospital and Dorcas works in the Doctor's Surgery. HCA Imee will return to the Philippines to look after her mother. We wish you all the best and thank you for your contribution to CHT Lansdowne.

Welcome to our new RN Val. I am sure you will all wish Val well and assist him to be successful in his registered staff role.

Mihi / Congratulations to the following non registered staff who completed their National Certification for Health and Wellbeing: Chris Suratos (Activities Co-ordinator), Czarina Saladaga and Verlee Dayrit (HCAs) who have completed their Level 4 Certification; Betty Tsai (HCA) finished her Level 3 Certificate and Ziyah Begum who graduated with her Enrolled Nurse Qualification. Kudos from the CHT Lansdowne team.

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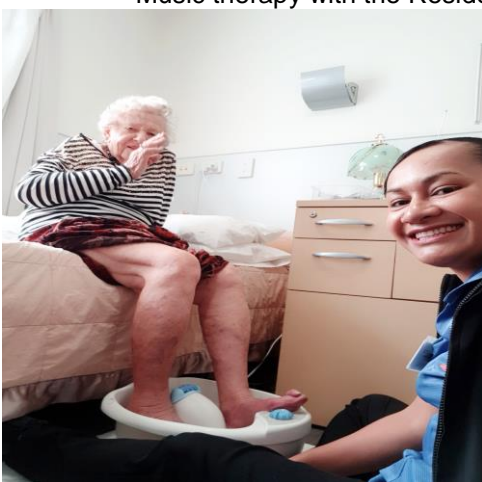
Mid Winter Lunch with our Residents and Whanau



Music therapy with the Residents



Residents enjoying a game of scrabble



Activities Co ordinator giving a foot spa and massage



Two of our Maori staff (Rhonda and Sherry) facilitated the Kaihaki Celebration during Matariki Festivities