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Summer 2019



It's finally here! It feels as though we have had some record highs already. Doesn't summer just make you feel so happy flowers in bloom, children running barefoot, long warm evenings.....

New Residents

Welcome to our new residents Anna, Rosalie, Barbara, Joan, Joyce and Graham.

Activities

As always, the Melbourne Cup generated some excitement. We had great fun and we had our own sweepstake. The winners were; 1st place Lillian Emberson, 2nd place Bill Neely, 3rd place Rosalie Taylor. They were each presented with a medal and a calendar..



Maree

Here is Maree, looking gorgeous and all dressed up for a trip to the Melbourne Cup afternoon at the RSA.

As always, the warm weather beckons us to be outside and picnics are always high on the agenda. Our residents spent some lovely time in the sunshine at Sulphur Point the other day, enjoying the view, the scones and tea.



The little ones from our local day care centre love spending time visiting at our facility - they sing and dance for our residents and play games with them - sometimes give a big hug too.



🎵 Happy Hour is always a winner at Bernadette – singing along to those all-time favourites with Debz is just fun!



Update on the New Building

Yes! It's almost time to move into the new building! I have been very remiss in taking photos, but this one shows the courtyard getting built, with paved walkways and the makings of flowerbeds.

Our Dietitian



Melanie Park is a familiar face at Bernadette. She specialises in aged care, diabetes, weight concerns and vegetarian diets, just to name a few.

Staff

Welcome back to RN Ariane, HCA Sabina who have been on maternity leave and to our new HCA's Lochana, Louisa and Yogita. We have new activities coordinators on board and we welcome Kerianne, Tracey, and Tia who will be doing part time activities as well as healthcare assistant work.

From the Manager

By the time this newsletter goes to print we anticipate that the new building will be handed over and ready for occupation. With great anticipation, we await the arrival of our new furniture. It is an exciting time for all of us here in the CHT Bernadette.

I look forward to our activities team bringing in new ideas to the program and look forward to joining extended family at our Christmas party on December 13th, may the weather be kind!

We have our bowling tournament on 7th December and residents are already talking about who is going to take the tournament out. Will our defending champ hold onto the cup for another term? We thank the Gordon family for making this such a great day for the residents at CHT Bernadette and helping us organise this.

As you can see life at CHT Bernadette is active and exciting with something for everyone to participate in. I would like to take the opportunity on behalf of all the staff members and wish you all Merry Christmas and a very Happy New Year. I look forward to seeing you all in the New Year and working with you all through the refurbishment of the hospital wing.

Margaret Harris

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