

Address: 20 Lincoln Road, Henderson 0610 Phone: (09) 838 8348 Fax: (09) 836 7223 Email: carnarvon@cht.co.nz

**SUMMER 2019**

Kia Ora, welcome to CHT Carnarvon's summer newsletter



The newly planted gardens around the new section of the unit are blossoming creating a beautiful scenery for our residents and visitors to enjoy. Unfortunately, we have been advised that the opening of Stage Two of the rebuild has been changed to the 19<sup>th</sup> February 2020. This is due to a number of factors-with the main cause of delay being the restoration of the heritage building.

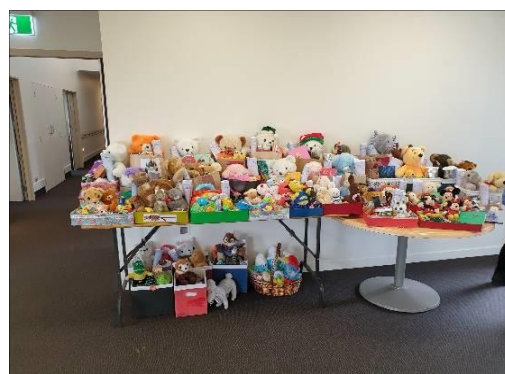


**Activities and Special Celebrations**

There having been a variety of games and activities happening at Carnarvon lately including:



**BusTrips** Some of the locations visited on our regular Friday bus trip included: Judges Bay, Rothesay Bay, Mission Bay, Te Atatu Peninsula yachting club, One Tree Hill, The Domain/ Museum and Hobsonville Point.



**Entertainers** We have had the always-popular Spanish Dancers, Pet Therapy and The Waitakere Men's Choir provide entertainment.

**Our Activities Coordinator** Hine and a group of our residents are still hard at work organising the gift baskets for Starship, handmade jewellery and crafts that they are making for Christmas



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*Flowers arranged by residents*

### Staff News

Two familiar faces have returned to the CHT Carnarvon team. A big welcome back to Mere a Healthcare Assistant and Anu a Registered Nurse they have both returned from maternity leave.

### Resident Story

Pat Clarke is a resident at Carnarvon and has lived with us for 3 years. She said she has made many dear friends in her time with us and she cannot wait to move into her brand new room on completion of stage two of the new

build. Carnarvon has a very rich history shown by the story she has told us-She has mentioned that her sister Romy (pictured to the right) was actually born at Carnarvon in 1959 when maternity services were provided!



*Residents doing flower arranging*

### Focus on Care

We are always looking at ways of how we can improve all areas of service at Carnarvon.

Our CHT dietician will be doing food audits at all Auckland CHT's over the next 3 months. She will be doing spot audits and will be visiting during the week and in the weekend too. This will provide us with valuable information to work on improving the food service to our residents.

Part of CHT's quality programme is carrying out regular family and resident surveys we value your opinion so thank you in advance for filling these out.

Our residents meetings are on every third Thursday of the month at 10:30am in the Oratia lounge. You are more than welcome to join us.



### Upcoming Events

- Pet Therapy **Thursday 5<sup>th</sup> December**
- Present delivery to Starship **Monday 9<sup>th</sup> December**
- Christmas lunch and entertainment by Craig Hallen **Wednesday 18<sup>th</sup> December**
- New year's celebrations **Tuesday 31<sup>st</sup> Dec/Wednesday 1<sup>st</sup> January**
- Waitangi day celebrations **Thursday 6<sup>th</sup> February**

If you have any questions, concerns or compliments, please feel free to contact me.

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