

## Welcome Note

Welcome to our Spring newsletter. I would like to take this opportunity to acknowledge and thank the Residents, Residents' families and staff for their patience and understanding over the past 5 months with Covid-19. It has been a testing time for everyone, and unfortunately likely to continue for some time. We trust that everyone has kept safe and well.

We are all looking forward to the coming spring with more sunshine and warmer days.

### Hazel with corsage



## Activities and Celebrations

Mother's day was celebrated in May during lockdown with all female residents receiving a corsage made by one of our HCAs and a gift of some special chocolates.

We have been assisting the residents keeping in contact with family members during the lockdown with telephone calls, face time and zoom calls.

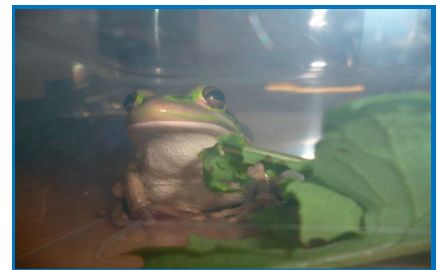
Many residents have not used such technology before. Katherine has also been sending out some photos of our residents to some family members.

We had a very special visitor to the facility one morning. He came to the front door and wanted to come in.

In a combined effort by a few staff members he was captured and placed in a container.

He then did the rounds of all the residents before being taken to a local creek to be released into a more natural environment.

### Our Frog



### Moulded Pureed Food



### Improvements and Initiatives

CHT, Compass and The Pure Foods Company will be introducing moulded puree food to the menu towards the end of September for those residents that require a puree diet.

The moulded puree will look more like the original product.

For example puree peas will be moulded to look like normal peas. It has been successfully trailed at CHT St Johns and has been shown to improve the appetite of those residents on a puree diet.

### Resident Stories

Ruth entered CHT Glynavon in October 2018. She made the decision to come into care and choose CHT Glynavon due to her past association with the facility and some of the staff members. Ruth's mother was a resident and her daughter has worked at the facility. Ruth says "It seems like home being a smaller facility, more personal" and "I'm happy here". Ruth also says that the staff are "lovely". Being able to bring her cat was also important.

Ruth keeps busy with her hobby of hand making cards which are for sale at reception (covers material costs).

We look forward to welcoming you back into the facility very soon.

Kia Kaha

Best Wishes  
Unit Manager,  
Michelle.Watson  
[Michelle.Watson@cht.co.nz](mailto:Michelle.Watson@cht.co.nz)

### Ruth and Mini

