

Address: 86 Friesian Drive, Mangere 2022 Phone: (09) 275 8349 Fax: (09) 275 8347 Email: hillcrest@cht.co.nz

Welcome Note

Kia Ora and welcome to our Spring newsletter. Sending a warm welcome to new residents and families. Hope you are settling in well. Thank you for your understanding and cooperation during the lockdown period in August. We appreciated your trust, kindness and support to our team.

Welcome Richard Koekemoer as the new maintenance man in July. Richard replaced Graham who had nearly two years working at Hillcrest.

Activities and Celebrations

Olympic Theme Celebration



We hoisted Olympic games in July. Our reception was decorated well for the celebration. Our activities coordinator's organised suitable floor games for residents to play between each wing for the Olympic theme month. Each wing selected one country to represent and displayed the country flag on the noticeboard. Our staff invited two to three residents from each wing to participate in this competition and this competition included residents in dementia unit as well.

We had a good number of residents participate in July games. They were excited and they tried their best to win the competition. Our activities coordinator's team organised prizes for the top three winners. It was a fun filled and active month for our residents. CHT St Christopher's residents were also invited to visit us during the Olympic theme preparation. It was lovely to meet the residents from another CHT site. It gave our residents a chance to socialise with the residents outside our facility. This was also a good opportunity for our activities coordinators to share their experience and gather new ideas for activity planning.

In August, we started our cultural celebrations. Our residents were invited by Mangere Library centre to celebrate Cook Island Language week with the community groups. Our activities coordinator team prepared beautiful traditional flower crowns for our female residents to wear on the day. The ladies simply loved these crowns. The residents spent half of their day at the Mangere Library to watch the beautiful Cook Island performance. Morning tea was also provided by the library staff. It was a great opportunity for our residents to connect with the local community and celebrate the cultural event. We plan to take our residents regularly to Mangere Library to participate in their programs.

Cook Island Language Week



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Resident Down enjoys using new Audiobook apps



Improvements and Initiatives

Compass catering implemented a cultural menu each week in August, as a part of our cultural celebration. We received positive feedback at the last residents' meeting in August and most of our residents really liked the new menu.

New cutlery has been ordered for residents in dementia unit recently and it is more suitable for them. The most important change is the new cups made of unbreakable material.

TVs in Amaryllis and Frangipani wing will be replaced soon and new TVs have been ordered.

Resident Stories

Resident Down loves reading, however, she requires assistance from others to turn the pages. Once we heard from the library that they have audiobooks, Down was introduced to use these. We downloaded the apps to her laptop and she was able to use it herself. Down is now extremely happy with the outcome and she enjoys using the audiobook apps. We have sent feedback to Mangere Library for this and the manager of Mangere Library is going to write an inspirational story of Down to inspire others in the community.

Resident Clyde was never keen to join group activities in the facility. We discovered that he enjoys doing certain things such as assisting care staff to sort out personal laundry in the afternoon and tidy up book shelves, therefore we created a job position for him - "Activities Coordinator Assistant and Laundry Assistant". We interviewed him and offered him these two roles.

Activities Coordinators have made special name badges for him to wear. This individual activity program that we designed for Clyde, was to promote his physical and mental wellbeing. A photo of Clyde with his beautiful smile was taken during his working time.

Special roles for resident Clyde



Upcoming Events:

September: 06/09/20 Father's day celebration for all fathers.

October: 01/10/20 Celebrate International Old People Day—Garden party with residents, families and staff.

Best Wishes
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