



Address: 414 Swarbrick Drive, Te Awamutu 3800 Phone: (07) 214 2010 Fax: (07) 870 2571 Email: teawamutu@cht.co.nz

### **Welcome Note**

Welcome to CHT Te Awamutu. I would like to send out a warm welcome to all of our new residents and their families who have recently joined us. Over the past few weeks we have been enjoying varied activities involving the community of Te Awamutu.

These have been a huge highlight for our residents. CHT have also recently embarked upon a new and exciting research project that is being conducted here at CHT Te Awamutu.

Whilst, in other news, we carry on with the story of Jim Barker and his journey towards more independence. We have said a sad farewell to Danica Yacapin as our Clinical Coordinator, and a welcome to our new Clinical Coordinator Tristan Brown. We have also welcomed other new staff that have joined the CHT Te Awamutu family.

# The Olympics Staff versus Residents



# **Activities and Celebrations**

This month staff and residents alike, participated and celebrated in our own mini CHT Te Awamutu Olympics games.

This involved varied competitions and events between staff and the residents, such as bean bag toss, quoits, carpet bowels and other events and showed the spirit of solidarity and friendship between CHT Te Awamutu staff and residents.

The event was then ended with a ceremony of medals and a celebratory cake.

This year at CHT Te Awamutu, one of our aims is to engage more with our local community.

In the month of July our residents in the dementia unit visited Churchill's café.

Our residents were able to order a meal and drink for themselves and it was a great way for Churchill's café staff to get to know them.

The picture shows the waitress taking orders from our residents.

Te Awamutu community outings







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#### **Case Mix Project**



# **Improvements and Initiatives**

A partnership between CHT, Bupa and the University of Auckland in collaboration with Waikato, Auckland and Canterbury District Health Boards has been developed to trial a new funding model. CHT awarded a grant to the University of Auckland to undertake a small pilot.

The project will focus on quality of care, for all short stay residents (e.g. palliative, respite and transitional) admitted to CHT Te Awamutu.

We at CHT Te Awamutu are excited to be part of this important project that may develop future aged care pathways.

## **Resident Stories**

The journey of Jim continues. With Jim's tenacity to strive towards more independence, we have seen Jim go from totally dependent after his stroke to Jim being able to stand with assistance.

I would like to acknowledge the dedication and care from, the staff at CHT Te Awamutu, the Physiotherapy team, and Jim's sister in assisting Jim on his journey to independence. Because of Jim's determination, Waikato DHB are now helping Jim with his rehabilitation programme.

I am happy to report that Jim having started this programme, is now able to stand independently. This is a huge mile stone for Jim and we cannot wait to see what his other achievements will be. Jim Barker and his journey towards more independence



Whilst there have been some changes at CHT Te Awamutu in regards to staff and new residents, we continue to strive towards providing great care for older people, and will continue to think of new ways to engage our residents and families.

We have the diversional therapist Lyn Dudley who will be visiting us and guiding us on new ways we can engage our residents. We also have up coming events such as a trip out to Otorohanga and a trip to the cinema.

I would like to take this opportunity to thank you for your ongoing support to us here at CHT Te Awamutu.

Best Wishes
Unit Manager,
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