

Address: 86 Friesian Drive, Mangere 2022 Phone: (09) 275 8349 Fax: (09) 275 8347 Email: hillcrest@cht.co.nz

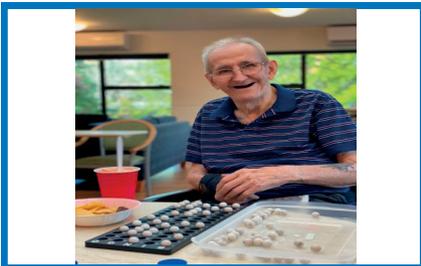
### Welcome Note

Winter 2021

Kia Ora, welcome to the CHT Hillcrest Winter newsletter.

A very warm welcome to our new residents and families, hoping you are all settling well. We are delighted to welcome our new registered nurses Leo and Shayal who joined us recently, Leo has more than 5 years' nursing experience in the Philippines, and 1 year aged care experience in New Zealand. Shayal is a new graduate who has recently obtained Bachelor of Nursing qualification, both are very passionate to work in an aged care setting. We are looking forward to working with them and supporting them to enhance their geriatric knowledge and skills in aged care.

#### Weekly Bingo and Happy Hour Celebration



#### Activities and Celebrations

We have implemented combined Bingo and Happy Hour activities for residents on every Friday for about 2 months. We received lots of positive feedback from residents and families, and we now have regular residents who would love to attend Bingo. Families who visit residents on Friday, are welcome to join us assisting their loved ones playing Bingo. Bingo is absolutely one of the popular activities in the facility for our residents.

We celebrated Samoan Language week with our residents in May, activities staff planned a special activity - making colourful paper fans with residents. Residents enjoyed it as it was not too difficult to make and residents also learned a few Samoan words during the week as part of the celebration.

Residents are always keen to go out on bus trips, we have regular trips to Mangere library monthly, we usually arrange a bus trip once a week on a Wednesday. The recent bus trip included a trip to Ambury Park. The activities team organised a BBQ for them as the sun was shining. Our residents had a little walk together in the park and then enjoyed the BBQ sausages with bread and onions. Residents returned with lots of laughter, smiles and it turned out to be a wonderful experience.

Matariki celebration: Residents celebrated Matariki with a BBQ onsite on 2 July and Maori group performance has been organised to visit us in July.

#### Bus Trip to Ambury Park



Address: 86 Friesian Drive, Mangere 2022 Phone: (09) 275 8349 Fax: (09) 275 8347 Email: [hillcrest@cht.co.nz](mailto:hillcrest@cht.co.nz)

### Improvements and Initiatives

We have replaced our old curtains in Frangipani and Hibiscus wing bedrooms and received positive feedback from residents. Rose wing curtains will be replaced in July, and then we will action Magnolia, Daisy and Amaryllis wings.

For encouraging more residents to participate in meaningful activities, we have planned activities in different dining areas, please refer to the weekly activities planner for the location.

We have planned to update activities photos on our noticeboards in corridors monthly to show case our fun filled activities starting from July. We believe residents and families would love to see what happens daily in the facility.

### Resident Stories

June joined us recently in June, she was a midwife for more than 30 years. She is very passionate about her job and loved to help whanau with new born babies. June was trained in the 1980s and she has worked overseas in her early days and returned back to NZ in 2010.

June suffered a stroke 2 years ago and had to stop working, however she is very positive and continues to keep in touch with her previous colleagues from the birthing unit. June stated that she would like to try her best to help other older people whenever she can in the facility. She is actively involved in the facility's daily activities to keep herself motivated and busy every day.

June Wong



Thank you residents and families for completing our customer satisfaction surveys. We would like to encourage you to provide more comments/ feedback if possible.

If you have any questions please feel free to contact me.

Best Wishes  
Unit Manager,  
Stella Ma  
[Stella.Ma@cht.co.nz](mailto:Stella.Ma@cht.co.nz)