

Address: 105 Botany Road, Howick 2010 Phone: (09) 535 4244 Fax: (09) 537 1311 Email: lansdowne@cht.co.nz

Welcome Note

Winter 2021

Welcome to our new residents, whanau/ family and friends to CHT Lansdowne.

This is to let everyone know that CHT Lansdowne has completed its COVID-19 vaccination roll out with the second dose being administered on the 30 June. The residents have received their flu injection three weeks before the first dose of COVID-19 vaccine. We are now waiting for the advice for the Staff Flu Vaccination. With the Winter season, it is good to have all these protections in place.

This is a friendly reminder that all staff, residents, contractors and visitors are required to sign in and out of the visitor's tablet located in both reception areas of the Hospital and Rest home. This is a Fire and Safety requirement. And to continue to scan the with the Government's COVID tracer app.

Activities and Celebrations

Cinco de Mayo



March- The residents were brought back to the world of books where residents and staff dressed up in character costumes and paraded themselves within the unit for everyone to see.

April - Residents had a themed Easter menu for lunch and the Easter egg hunt where some family members participated too. ANZAC celebration was a highlight of the month. Families and residents had an early morning commemoration.

May- Cinco de Mayo, which directly translates from Spanish to "fifth of May." We celebrated the day with a fiesta highlighted by colourful

decorations, festive dresses, a concert and of course, food!

A food cart selling authentic Mexican street food and beverages and mocktail mojitos was a hit among families and staff. To end the celebration, a musical concert by a lady playing Mexican music on her French horn.

June- Queen's birthday. A morning high tea celebration with residents and staff dressed up to imitate the Queen. This was also coordinated with an arts and crafts activity of which residents assembled, painted and decorated a royal guard.

Queen's Birthday



Address: 105 Botany Road, Howick 2010 Phone: (09) 535 4244 Fax: (09) 537 1311 Email: [lansdowne@cht.co.nz](mailto:lansdownne@cht.co.nz)

Improvements and Initiatives

A researcher from AUT would love to work alongside with residents, family and staff to observe meaningful interaction with residents who have been identified with cognitive impairment. The research aims to improve communication and engagement amongst residents. The study will commence in July and will run for 6-8 weeks.

The upgrade of the call bell system has been completed. Carpet upgrade to take place this financial year and we will send out communication once this project is ready to commence. The residents have voted new names for each of the wings in the unit. Photos will be put up in the facility representing the wing names.

Resident Stories

Eileen celebrated her 87th birthday last 13 March 2021. The team surprised her with a cake, a card and serenaded her. Later in the day, her sons visited and took her out for a treat. Eileen had a lot to tell and share, especially on her family's travel abroad. She recalled their stay in Argentina and the challenges on raising her 4 boys in a foreign country. Eileen practiced as a Nurse in her younger years.

A walk-through video simulation has been introduced to the residents at Lansdowne. A reminiscing activity where the resident watches TV feeling like walking the streets of their hometown. For Alfredo, we played the streets of Macau where he hails from. His face lit up with joy as he indicated he remembers every street of Macau. He was glued to the telly for most of the morning, beaming with pride and telling us as the clip moves along, "I like it, I miss it! Most tourists come from China! It's now very busy!" He also told us the history of the ruins of St. Paul.

Eileen's 87th Birthday



Please do not hesitate to speak to the Registered Nurses if you have any clinical concerns. The Registered Nurses are familiar with the residents and their daily needs. For any other areas of concern, Albert (Clinical Coordinator) and myself are happy to have a chat with you.

Best Wishes
Unit Manager,
Ricci Ybanez
Ricci.Ybanez@cht.co.nz