

## Welcome Note

Winter 2021

Kia Ora and welcome to our Winter Newsletter. Winter appears to have arrived with enthusiasm, not something that we are too accustomed to up here. However, we live in the hope that spring is just around the corner.

We would like to welcome our new Receptionist, Urika to our team at CHT Onewa.

Urika has worked as a Receptionist in clinics as well as medical practices and is excited to start her new role with us.

### Art and Craft with Northcote Library



## Activities and Celebrations

Residents experienced a range of different activities in the last few months as per their request.

During our monthly Residents' meetings, we asked residents what they would like to see in the activities program and a lot of our residents asked for more Arts and Crafts to be included.

Our lovely Activity team, teamed up with the local Northcote Library and had a volunteer come in to teach crafts work to our residents.

We also contacted the local Art Galleries and paid a visit to Mairangi Bay Art Gallery which the residents absolutely loved. They even got to experience the craft of the potter.

We visited Snow planet for a nice cuppa and something to eat whilst watching people skiing and snowboarding.

Our team had been working hard behind the scenes to have new Volunteers at the facility, our newest one being a beautiful Newfoundland dog who visits over the weekend.

### Mairangi Bay Art Gallery Visit



### New Concrete Path



### Improvements and Initiatives

The Carpets have now been completed throughout the entire facility.

Dining room furniture has been replaced and has given a lovely lift to the overall look of the facility.

We will soon be ordering in new chairs for the lounge areas.

Work is underway to create a levelled concrete pathway and a fence behind the Hospital wing. A new generator is on its way which will be able to provide back up power supply for the whole facility.

### Resident Stories

Gwen was born in 1926 and has been with us at CHT Onewa since 2018. Gwen's favourite activities at Onewa are the Entertainment activities. When a music Entertainer comes to Onewa, Gwen makes sure she is in the audience where she happily sings along to the music and Gwen often dances with the help of staff.

Her eyes brighten and her whole demeanour is happy and glowing when she is part of all the music activities at Onewa. Every week she waits for the classical pianist and will enjoy every minute of his music!

### Gwen Sunde



We would like to inform you all that CHT Onewa recently had their Certification Audit and passed through with flying colours. This was a possibility only because of the ongoing hard work, dedication and cooperation of our lovely team at Onewa!

We have now successfully completed both doses of COVID-19 vaccinations for the majority of our residents and staff quite smoothly, thanks to Walls and Roche our pharmacy and our team at Onewa .

Last but not the least, thank you everyone, for your support and energy in helping shape CHT Onewa to be a happier place for everyone.

Do visit or contact me if you have any feedback to share anytime.

Best Wishes

Unit Manager,

Marilyn Menezes

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