

Welcome Note

Winter 2021

Hello everyone

Welcome to the winter edition of our newsletter. Hope you are all keeping warm and safe. With the delta variant of COVID-19 creating waves in the rest of the world, NZ continues to remain safe and peaceful. What a great nation we live in !!!

I am pleased to announce our COVID-19 and Flu vaccinations are now completed and all our beloved residents and staff fared very well with no adverse events at all. Thank you to all for sending the consent forms on time.

Peacehaven Team



Activities and Celebrations

We are extremely proud to inform that we have completed sector standard audits with excellence and have achieved the maximum achievable goal of 4 years certification without any findings.

We have additionally been awarded two clinical improvements credits for great quality care. A big thank you to the team at Peacehaven for all their hard work.

We had an afternoon tea to celebrate our certification. The team felt a special bonding on the day.

Some of our beloved residents joined us and made the celebration even more special.

As the wet winter days create challenges for organising outdoor activities and bus trips, the Peacehaven team has come up with a new plan for escorted walks in the building. We have allocated a "walking time" for residents on 4 days a week between 2-3 pm.

It is refreshing to see our residents walking safely in the building with no risks for slips/trips or falls due to the wet grounds on rainy days. On sunny days the walking is outdoors.

We hope to keep our residents satisfied and happy with our new initiatives and will continue to be creative and inclusive in our activities and care planning strategies.



Upskilling resulting in exceptional caring



Improvements and Initiatives

Given the current situation of closed borders, resulting in an extreme shortage of overseas workforce in the aged residential care sector, Peacehaven team have taken this challenge in a positive manner. We have initiated the staff upskilling programme.

This will not only help address the current shortage but also have a bigger influence in managing more complex conditions within the unit rather than sending residents to hospital. Thus reducing the hospital admission rates and waiting lists. Our Healthcare Assistants are medications competent and our Registered Nurses are syringe driver trained.

Resident Stories

Mary Mellor of Irish descent, a religious church-goer has lived in Blockhouse Bay for the past 50 years. To begin her life in a rest-home was the biggest decision of her life, 4.5 years ago. Mary, with her nursing background, enjoys her discussions with the GP and nurses. Mary used to love the weekly bus trips and never missed any until her health and limited mobility made these unfeasible. Mary participates in activities and has her say at the resident meetings. To Mary, Peacehaven is her home now and she is much loved and deeply respected by all.



In the end I take this opportunity to request all our residents, family/ whanau and staff members to stay warm, have lots of fun and enjoy the warmth of the sun whenever possible to get by during the cold and wet winter days. It is comforting to know we have the spring and summer months waiting for us just around the corner.

Please continue to remind us if we can do something differently by writing to me.

Best Wishes
Unit Manager,
Sunita Sharma
Sunita.Sharma@cht.co.nz