

NEWSLETTER

Address: 230 St George St, Papatoetoe 2025 Phone: (09) 278 4637 Fax: (09) 278 0244 Email: stchristophers@cht.co.nz

Welcome Note Winter 2021

Welcome to CHT St Christopher's Winter newsletter. I would like to extend a warm welcome to our new residents. We hope you will settle in guickly.

We have successfully completed the two doses of COVID-19 vaccinations for the majority of our residents and staff. Thank you all for completing the consent forms required to assist this process.

I am delighted to announce the appointment of Niccy Brougham as the Unit Manager at CHT St Christophers. Niccy has an extensive managerial experience and has worked in the DHB settings for a number of years. Niccy is currently a Facility Manager at another aged care organisation. Niccy will commence her role at St Christophers on 3rd August 2021.

Helen, our Receptionist has resigned and her last day of work will be 16 July. We would like to thank Helen for her support in the last three years and wish her well for the future. On the other hand, I am pleased to announce the appointment of Sheryl Lindsey as the Receptionist at CHT St Christophers. Sheryl will commence her role on 14th July. Please join us in welcoming both Niccy and Sheryl to their new roles.

Theresa and Ana with residents



Activities and Celebrations

We have had a variety of different themed days in the last 3 months. We celebrated Pasifika with a dress up and staff putting on a coconut scraping demonstration and learning about the versatility of the coconut.

We celebrated our Mothers in May, we had a quiz on Famous Mothers around the world and had a Special morning tea for all the Mothers in St Christophers, staff and residents.

We celebrated Samoan Language week with a dress up day for Staff and residents. Airport Lollipops Preschool

come and sung songs for the residents. We had an afternoon where we used YouTube to listen old Samoan Hymns and songs and reminisced with our Samoan residents.

In the Activities Calendar, Bus trips are always a hit. Residents have been enjoying the trips on Saturdays. We have endeavoured in planning outings that are worthwhile and meaningful for our residents. We have ventured to Pokeno for ice cream, we have a few family members meet up with residents at the local malls to have coffee with

Residents at Ardmore



residents which is always nice, other residents use these bus trips to get out to the shops and do their own shopping. One of the highlights is going to Ardmore Airport for morning tea and watching planes take off and land.



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Improvements and Initiatives

We have been given the go ahead to commence the refurbishment at St Christophers. The refurbishment will occur in two stages. Stage one will involve renovating all our residents' rooms in the facility. Stage two will include renovations in the common areas like lounges, dining room, Nurses Station etc. The refurbishment is expected to commence in the beginning of August. Further communications will be sent out to residents and families closer to the time.

Resident Stories

Petrit Alliu was born in Albania. When he was 17 he decided he wanted to study abroad, but at the time, Albania was under communist rule. While on a ship, Petrit and his best friend jumped overboard and attempted to swim to freedom. Petrit was rescued by some Turkish Fisherman, unfortunately he never saw his friend again. In Istanbul, the authorities suspected him of being a spy, but he was released and the local Albanians took him in. At the age of 20 he came to NZ where he soon married and settled in Papatoetoe and had 3 wonderful children. Petrit came to St Christophers in 2019 and celebrated his 90th Birthday last year. Petrit enjoys playing bowls, he is very competitive. He also enjoys going on bus trips and having a proper coffee at a café. Petrit thinks the care

Petrit Alliu



staff are absolutely lovely and feels very well taken care of. He doesn't ever want to leave St Christophers as this has become his new home.

Upcoming Events:

CHT Olympics 12-16th July International Beer Day 7th August Indian Independence Day Lunch Celebrations- 16th August

A big thank you to all staff, residents and families for your continued support during this time. Please feel free to contact me if you have any concerns.

Best Wishes Area Manager, Sharmila Devaraj Sharmila.devaraj@cht.co.nz