

Welcome Note

Summer 2022

Kia Ora! Welcome to our Summer newsletter and especially to our new residents and families. We hope you are all well and are still continuing to keep safe.

The glorious summer sunshine has brought our residents and the team many joyous days these past few weeks and we are delighted to share some of them with you.

Activities and Celebrations

Christmas Party



CELEBRATING CHRISTMAS

Amberlea celebrated Christmas this year with many decorations through the whole facility. At our activity craft sessions we handmade beautiful door decoration for each residents room.

Oranges got cut and dried and then tied into real pine branches and decorated. Our residents had a lovely time remembering the days they did exactly that and smelling the lovely pine, orange Christmas scents.

Our Christmas party went ahead in spite of COVID restrictions and in the theme of Christmas fairies, all staff dressed up for the occasion.

Residents helped make fairies for the table décor, joined in with our spin the wheel where many won a wonderful prize and enjoyed Christmas lunch and carols. Each resident received their present from the fairies after lunch.

BBQ/KIWIANA THEME DAY

January was celebrated with a BBQ/Kiwiana theme day, perfect in this sunny hot weather we have been experiencing.

Residents enjoyed a traditional kiwi gumboot throwing competition, BBQ for lunch, ice cream and popsicles.

In the afternoon we celebrated with Happy Hour and a Kiwiana group quiz and the residents and staff thoroughly enjoyed it.

BBQ/Kiwiana Theme Day



Address: 665 Mahurangi East Rd, Algies Bay 0920 Phone: (09) 425 5017 Fax: (09) 425 6520 Email: amberlea@cht.co.nz

Improvements and Initiatives

On 24th of January, we worked closely with Walls and Roche to deliver COVID booster vaccination for both residents and staff, as we aim for a high vaccination rate.

Amberlea is continuously striving to remain restraint free whilst doing the best for the residents' safety and wellbeing as the priority. As a facility we continue to assess all residents needs individually regarding the need for restraint. We hope to demonstrate that we have successfully implemented alternative options to keep residents safe who are unable to provide their own safe environment.

Resident Stories

Doreen came to CHT Amberlea in 2020 and has been a very keen knitter, working on her projects every day of the week. She is very skilled and creates wonderful items. She usually gets her wool supply from her son but this has been a little tricky at times during lock down. It was heart-warming when Amberlea was sent a big parcel of complimentary packs from Skeinz Yarn Store.

Packs included different colours real wool with easy knitting patterns for projects. Doreen knitted a couple of hats for us and we received donation for our activities from it and so nice to see some lovely community spirit.

Doreen



The team expressed their appreciation and farewell to a few staff this quarter including Cara Kelly (Unit Manager) and Ellery Padolina (Clinical Coordinator). Their dedication and commitment has been commendable and we all wished them all the best.

I would also like to take this opportunity to thank everyone for the kind gestures, support and in welcoming me as your new Acting Unit Manager, I look forward to getting to know each one of you.

We are also delighted to welcome Suman Sunar our new Healthcare Assistant. I trust that the team will give him all the support he needs.

We again thank all the residents, families and staff for the ongoing patience, support and dedication in these COVID-19 restrictions.

Please do not hesitate to contact us if you have any feedback to share anytime.

Best Wishes
Acting Unit Manager,
Christine Ombao
Christine.Ombao@cht.co.nz