

Address: 54 Pah Road, Epsom 1023 Phone: (09) 625 6054 Fax: (09) 625 6814 Email: [stjohns@cht.co.nz](mailto:stjohns@cht.co.nz)

## Welcome Note

Summer 2022

At last we have visitors coming in using our Online Booking System [easy online booking system](#).

It is a pleasure to see you all together once again, however we are still in an 'at risk period' and it's our collective responsibility to ensure the safety of our Unit and residents. Thank you for supporting us in this. Please maintain physical distancing and wear your mask at all times in the building. Lounge areas and kitchens will only be available once we are at green traffic light.

## Activities and Celebrations

**Upoko Ruta joins in the celebration of Christmas**



The Traffic Light System was perfectly timed to enable us to have Christmas and New Year with visitors in house.

Reunions were done "mask to mask" but the energy and sense of relief was a joy to see.

As we could not have gatherings, the Unit had a separate Christmas Celebration with 'in house' entertainment and the annual gifts for residents from CHT Healthcare Trust added to the event.

Social contact and visits are vital for wellbeing. A reminder that while a copy of the Visitation Guidelines were sent out at the start of the "Traffic Light System", there is a copy for all to see on the [Resident Resource Notice Boards](#) (Main Reception and Suite 10 Lift Lobby)

We are now looking forward to Auckland Anniversary and Waitangi Day and the Activities Team will be adding some new ideas and projects for 2022 into our Annual Activities Plan.

Please remember that our Activities Team are on hand to help with *What's App* or *Zoom* Meetings with residents if you are away over the holidays, or there are loved ones overseas.

These need to be booked with the Activities Team during their program hours – 10am to 3pm (Hospital) and 1pm to 6pm (Special Care Unit).

**Margret Nicholas listening to music on Youtube**



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## Improvements and Initiatives

**Lorenzo Galera  
(Maintenance) on  
the site of our  
standby generator**



During the Lockdown we experienced a delay with all but urgent projects and maintenance, alongside significant changes to staffing to keep everyone safe.

The installation of the standby generator, which will ensure power supply to the unit in the case of power failure, is now set to take place by February 2022.

A new fence has been installed to safeguard the Secure Unit and 28 beds had a change of mattress, following the CHT Annual equipment review.

Staffing increased on all shifts and we all used separate staff eating areas, bathroom facilities and handovers to keep designated staff in their “bubble”. This added to challenges in communication, costs and staffing but was all worthwhile.

## Resident Stories

John is 88 and was born in Scotland. John left Scotland in the mid 50s after doing 2 years as part of the British National Service. He was in Korea, Egypt and Germany. He has trained in the printing industry, then travelled to Australia, working in Sydney, Perth and Tasmania. In the mid-60s he moved to New Zealand.

He is married to Jill and they have three children. The eldest is Susan in California, and the twins, Gavin in the UK and Fiona here in Auckland. John and Jill have five grandchildren.

John trained and worked as a Composer and enjoys watching sports, especially rugby, football and cricket.

It is all too evident that in 2022 we will continue to face times that will challenge our resilience and flexibility. While this is sobering, by working together we will minimise risk to our residents and your ideas and support will be instrumental in helping us to define a path ahead.

Your feedback is vital at all times to help us to modify and improve on our care, please contact the Unit to let us know your ideas. Our Care Team are here to support and foster a continuation of the best care possible for our residents no matter the circumstances.

Above all, thank you all for your support and for helping us through these strange times.

**John Grant in Suite 7  
Lounge**



Best Wishes  
Unit Manager,  
Jenny Vollmer  
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