

## Welcome Note

We would like to wish everyone a very happy New Year. Welcome to our Summer newsletter for CHT Te Awamutu.

There's hot weather here in the Waikato, and I hope you're all enjoying it and the blooming gardens.

I would like to express my appreciation to the entire CHT Te Awamutu team, residents and everyone else who assisted in making last year a remarkable success.

## Summer 2022

### Christmas 2021 celebration



## Activities and Celebrations

We ended the year of 2021 with our Christmas party in full swing. Compass put on a lovely meal and the staff provided much fun and entertainment with Andrew Regino (HCA) playing our very own Santa and Kat Balistoy (RN) as our very own Santa's helper.

The team at CHT Te Awamutu made the day very special for our residents and it was enjoyed by all.

In the dementia unit, we implemented games to provide safe activities for the residents, so they were able to be safely distanced and still have fun.

We took advantage of the summer weather by encouraging the residents to plant flowers in the garden boxes and pick vegetables.

### Lois Jackson Christmas 2021



### Ensure Popsicle



### Improvements and Initiatives

Our clinical coordinator Manjinder Kaur and our registered nurse Kat Balistoy have introduced the 'Jelly Round', which will ensure that our residents get enough fluids during the hot summer months. They have also started providing the Ensure Popsicle. This delicious fortified popsicle can help residents with gaining weight and taking on extra fluids.

Additionally, we are currently waiting for our new Registered Nurses to join our team here at CHT Te Awamutu. This year, we will be welcoming Lianca Simons from South Africa, as well as introducing local, Keri Van De Hoeven to join our team. I hope you give them a warm welcome when you see them.

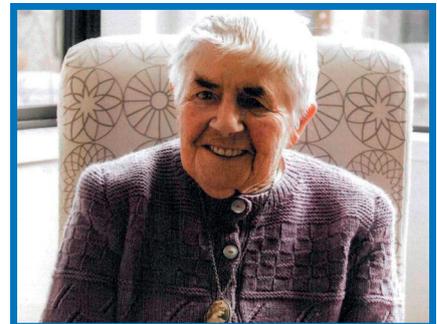
### Resident Stories

In December 2021 we celebrated Jessie's 94<sup>th</sup> birthday. Jessie Young has been a resident at Te Awamutu since December 2017 and is one of our oldest residents. Jessie has two sons, a daughter and many grandchildren. Jessie is well-known in Te Awamutu and is on many social clubs and committees including the local card club, bowling club, and table tennis club.

Jessie has also been on three school committees at once as well as a member of the Red Cross Charity!

She says being part of CHT Te Awamutu, where she is having the time of her life, is the highlight of her life, besides having kids and being married.

### Jessie Young



During these difficult times, I would like to take this opportunity to thank all our families and whānau for their unwavering support.

I look forward to ensuring the safety of our residents and their comfort during this year, as we did last year.

Best Wishes  
Unit Manager,  
Anna Burgess  
[Anna.Burgess@cht.co.nz](mailto:Anna.Burgess@cht.co.nz)