

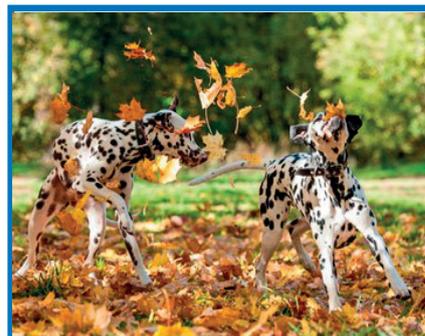
Welcome Note

As the sun takes a lower profile, clocks move back, and autumn leaves fall to carpet the ground with natural splendour;

We welcome you to our latest newsletter.

Autumn 2022

A spot of fun in the Autumn sun



Trish and her son Ken



Activities and Celebrations

The last three months have been a time of transition for all of us at St Christophers. Our small community bonded tightly to journey through the passage of COVID-19 in the facility.

Whilst not underestimating the impact of the viral infection on older people, our aim is to manage each event in a way that gives residents every chance to live their lives fully and keep connected to their families and loved ones.

Our friend Trish Philp is living her life fully at 101 

We recently celebrated her birthday with song, stories, fun and (of course) cake.

Later that week I witnessed a conversation.

Trish (loudly): “Hello, Hello!”

Care staff (gently): “What is it Trish?”

Trish (with a grin): “I just wanted you to know that I’m still here...”

Every small moment of joy is a blessing in this sometimes mad world, thank you Trish for your joyful spirit!

Easter Bonnet Fun



Improvements and Initiatives

By May 1st we will have completed refurbishment of 12 rooms. This has been accomplished with great care to avoid contractors coming into contact with residents. Sections have been hoarded off with access through outer doors rather than through the facility. We will continue to safely manage COVID-19 risk in this way until all rooms are completed. We are concurrently planning a kitchen upgrade and will then commence on the lounges.

As a part of the refurbishment, there will be a new covered garden seating area created in the south wing garden. This will feature comfortable outdoor seating and gentle lighting to enjoy those still evenings we are so lucky to experience in warmer months.

Resident Stories

Let me introduce you to Mr Ken Day

Ken came to live at St Christophers last year. He is a 'local lad' who many will remember from his business in St George Street – Ken's Milk Bar.

Ken grew up in South Auckland, leaving school to work in his family trucking firm. Driving trucks for TipTop, Ken met his beloved wife Betty who was working there in the office.

Ken is very goal oriented and determined to succeed in whatever he puts his mind to. He loves playing Rummikub, piecing puzzles, reading, discussing the news and socialising in the lounge with the other residents.

Mr Ken Day



Note from Unit Manager

April is a month of reflection and for some prayer, forgiveness, devotion and thanks.

The commemoration of ANZAC is a special time for New Zealanders and Australians of all ages. Marked by the devastating sadness at all lives lost in the pursuit of freedom and independence, the alliances and friendships forged in times of war are a hard price to pay.

I leave you with this quote from A.A. Milne: Writer, father to Christopher Robin, soldier in two wars and pacifist.

"If ever there is a tomorrow when we're not together...there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think. But the most important thing is, even if we're apart...I'll always be with you."

Best Wishes
Unit Manager,
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