

Address: 54 Pah Road, Epsom 1023 Phone: (09) 625 6054 Fax: (09) 625 6814 Email: stjohns@cht.co.nz

Welcome Note

Autumn 2022

It is such a pleasure seeing more of you visiting us here day to day.

A quick reminder on our online booking system can be found from the CHT website, by clicking 'Book a Visit' or at <https://chthealthcare.simplybook.me/v2/#page/Home>.

Phone calls are only needed for outings and additional visitors (both of these by arrangement).

Omicron remains a real risk and we want to avoid the need to temporarily suspend visiting if at all possible. Your continued support to keep our residents and staff safe is appreciated.

While there is a chill in the air it is so toasty indoors with the underfloor heating that we can pretend that with all these sunny days, maybe winter is far off.

Easter Egg Hunt

Denise Reynolds, Gladys Thomson,
James Madden, Antica Marinovich
& Laura Donley



It was sad to lose Garfield, our hospital cat of many years and we are actively looking for a replacement. Please let us know if you have a suitable mature and loveable cat looking for a home.

Our Bus Trips are going to recommence soon and these will be on the Activities Program once they are confirmed. Family and friends are welcome to join us for these outings, do book to avoid disappointment.

Please remember that our Activities Team are on hand to help with What's App or Zoom Meetings with residents if you are away, or there are loved ones overseas. Please book these with the Team – 10am to 3pm (Hospital) and 1pm to 6pm (Special Care Unit).

Activities and Celebrations

Our activities team have added many group and individual activities over the past few weeks. Activity Boxes are refreshed in each Suite regularly and there has been the addition of two Resource Trolleys, one each end of the Unit, for family and residents to enjoy.

A unit cookbook with residents recipes is being put together over the next few months.

St Patricks Day, Easter and of course ANZAC Day all brought a different flavour to our celebrations and décor week to week.

St Patrick's Day Decorations: Robert Fletcher



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New Lighting, AC Resource Trolley & Suite



Improvements and Initiatives

There is so much on the go thanks to help from Alex Stander (CHT Property Maintenance Manager) .

The Standby Generator is up and ready for action if we need it.

LED lighting replacements are underway for all areas, including bedrooms, with soft colours for private spaces and a brighter white for social spaces. They'll also help with our carbon footprint!

To help our residents keep connection with their community, we will soon be renaming Suites after local suburbs, with corresponding photographs on order for each area.

Furthermore, Suites 1 to 5 kitchenettes have served us well, but I am pleased to advise that they will soon be undergoing a major refurbishment. Also, Suite 7 lounge will have a repaint of walls and doors for a fresh look.

Resident Stories

The Activities Team and Helen (daughter) helped Nance to celebrate her 98th Birthday this April.

Nance is very social and enjoys regular contact with family and friends. Nance's husband John sadly passed away in the 1990's. She has three children, two sons and a daughter.

Her first paid job (15 shillings per week) was as a shorthand typist for an accountant. Nance recalls the Napier earthquake at 6 years of age while at school in Hawera when the school room ceiling caved in. Ice cream was a luxury item, a very rare treat, at 1 penny for a very small ice cream.

Nance Margaret Farrell



Note from Unit Manager

Staff who go above and beyond: Gretchen



Our care team stepped up in the most extraordinary way during the recent outbreak of COVID-19 at CHT St Johns, with our staff going above and beyond to ensure we maintained continuity of care. I can only but say a heartfelt thanks to all those staff, residents and family who helped us through these challenges and simply kept smiling and putting our residents first.

Resident & Family Meeting: Thursday 26th May at 15:30pm

All are welcome to share your thoughts and feedback. If unable to attend this, do remember my door is open at all times. Above all, thank you all for your support and for helping us through these strange times.

Best Wishes
Unit Manager,
Jenny Vollmer
Jenny.Vollmer@cht.co.nz